I wanna be free

Read the scenarios below and complete the following sentence in not more than twenty words...

Who is a free person?

One who......

Tracy is on a gap year and has a travel bug. She is treking around the Himalayas, having already spent some time in South America. Funds are low and she gets by with ad hoc work. She keeps occasional contact with home.

Massie is a GP and a working mum with a rigorous routine. She enjoys her job and is highly respected.

Yanta lived in a totalitarian regime. She is not interested in politics. She and her husband have guaranteed basic income and a roof over their heads. There is a little consumer choice but she does not care for talk of revolution or foreign travel. Her family has lived this way for generations.

John is fed up with the noise at home. He has a rather unusual idea. He builds himself a basic conservatory, locks the door and destroys the key.

Simon is a retired accountant with enough income to live comfortably into the future. Albeit currently in good health, he is a heavy smoker. He has tried to give up several times unsuccessfully.