




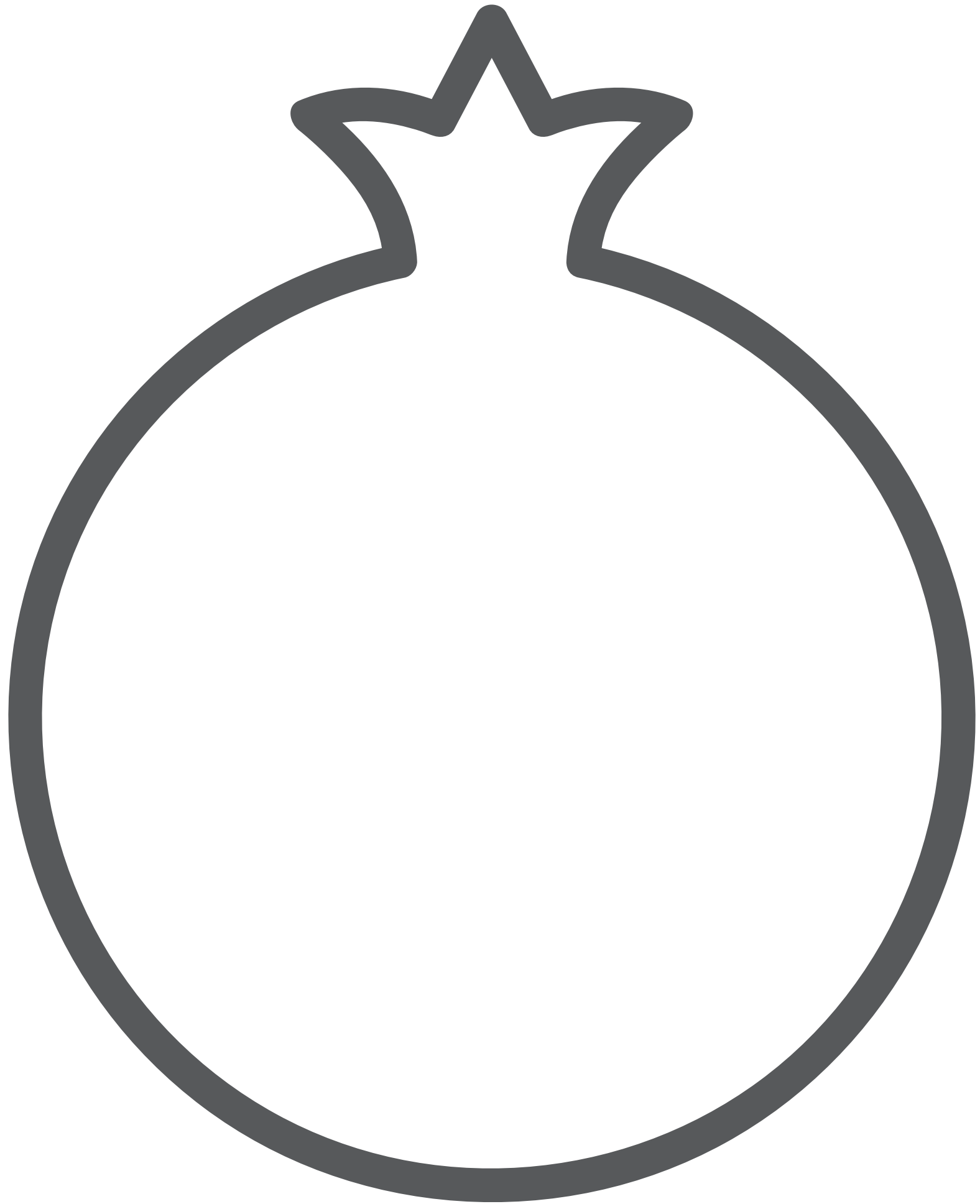
MY  
ROSH HASHANA  
SIMANIM





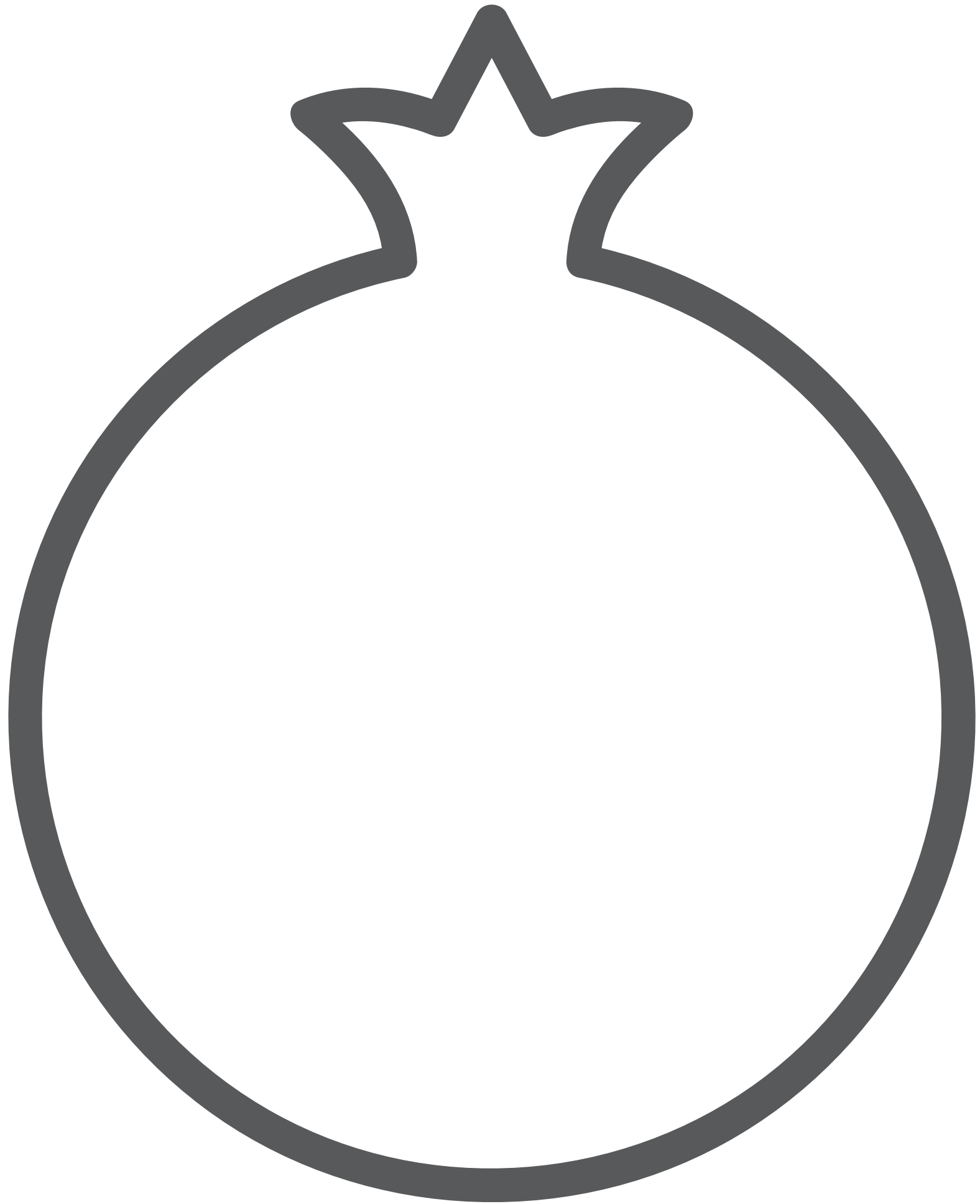
**Rosh Hashana is the beginning of the new year and is full of significance. One way we remind ourselves of the significance of the day is by eating Simanim (signs) - foods that symbolise our hopes for the new year. By eating these symbolic foods and praying for our needs and aspirations, we remind ourselves that every action we do on Rosh Hashana has significance for our year ahead.**






בְּרוּךְ אַתָּה ה' אֱ-לֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרָא פְּרֵי הָעֵץ!  
יְהִי רְצוֹן מִלְּפָנֶיךָ ה' אֱ-לֹהֵינוּ וְאֵ-לֵהֵי אֲבוֹתֵינוּ.  
שְׂתַחֲדֵשׁ עָלֵינוּ שָׁנָה טוֹבָה וּמְתוֹקָה

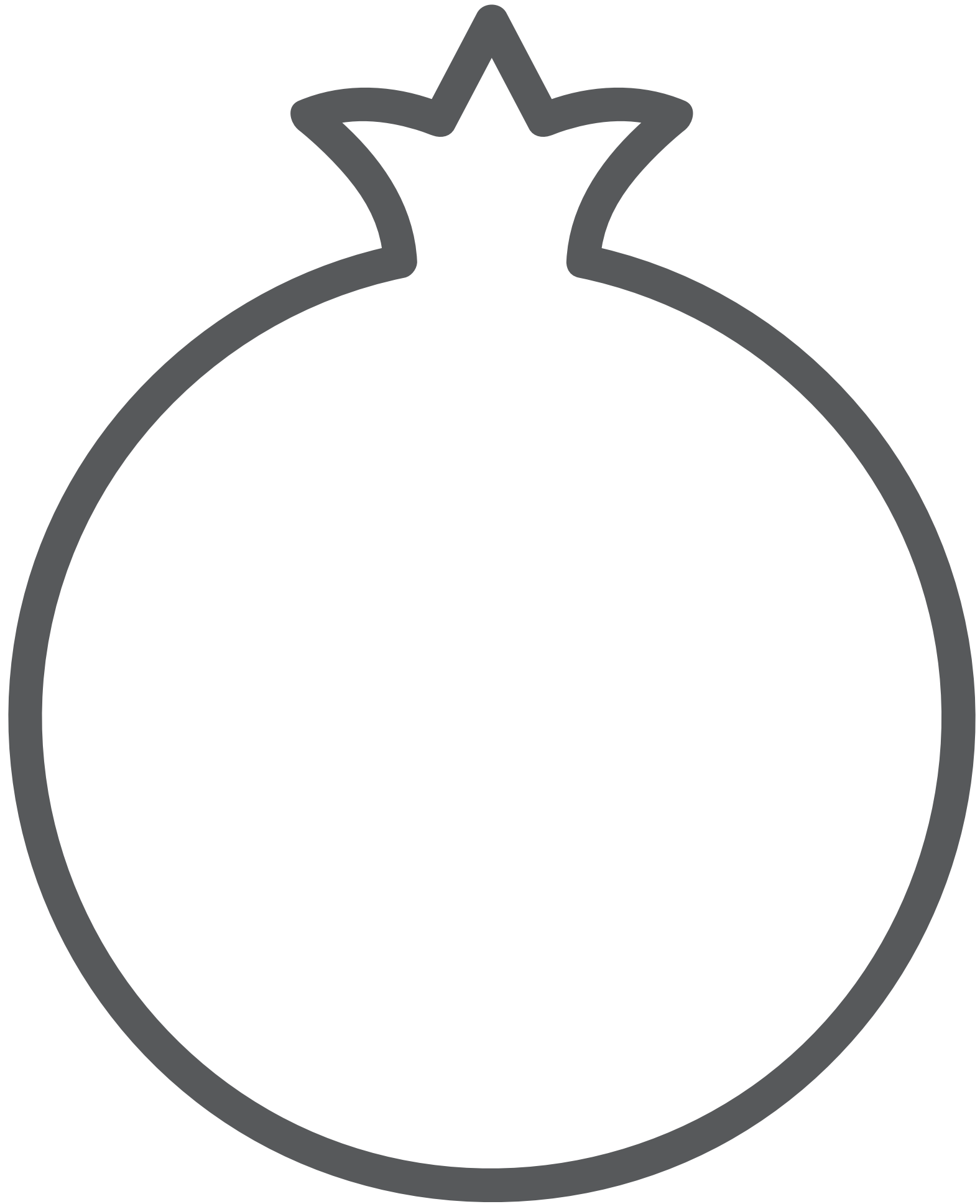
**Apple & Honey**






יהי רצון מלפניך ה' א-להינו וא-להי אבותינו.  
שיתמו שונאינו.

Dates

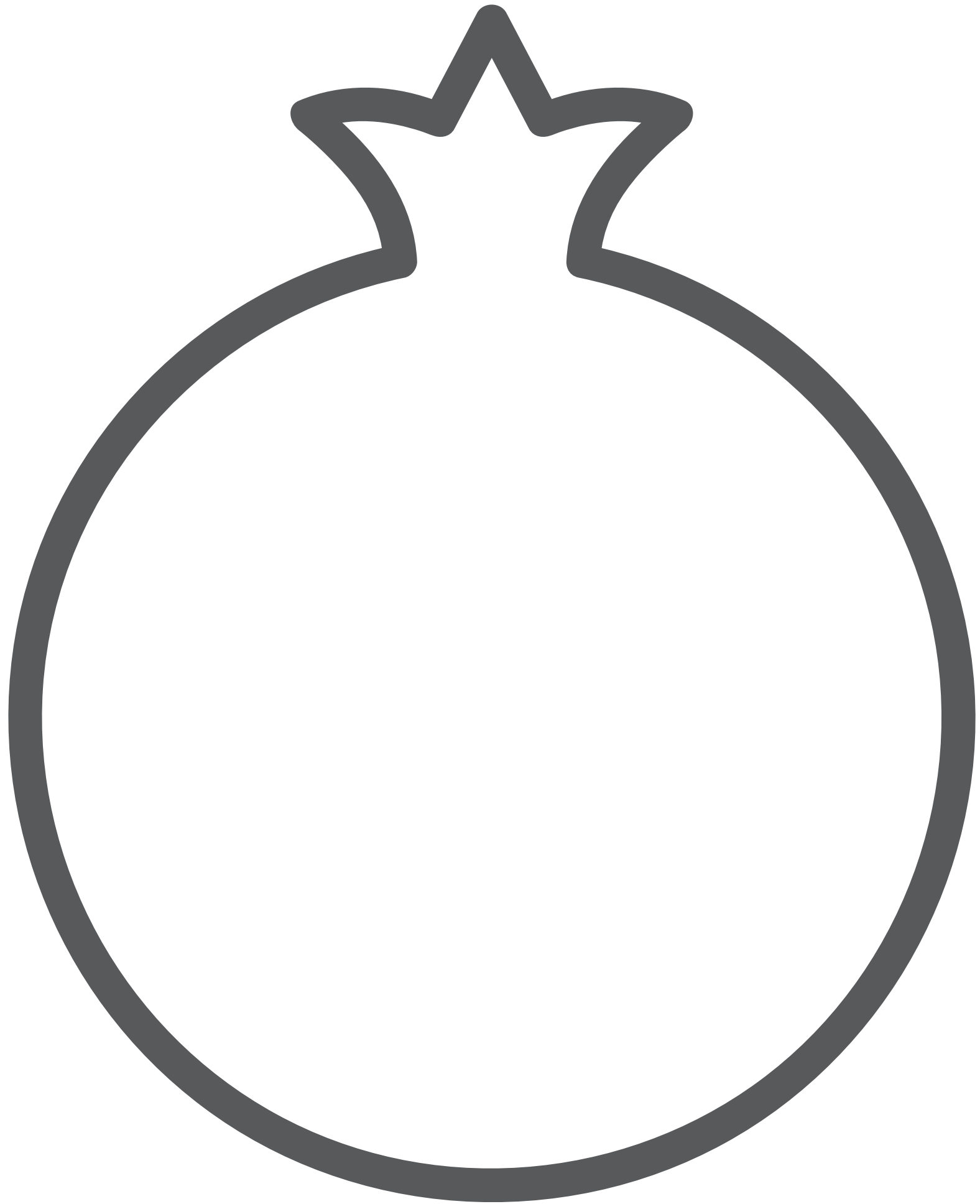





יְהִי רָצוֹן מִלְפָּנֶיךָ ה' אֱ-לֹהֵינוּ וְאֱ-לֹהֵי אֲבוֹתֵינוּ.  
שְׂיִכְרְתוּ אוֹיְבֵינוּ וְשׂוֹנְאֵינוּ וְכֹל מְבַקְשֵׁי רַעֲתֵנוּ.

Leeks

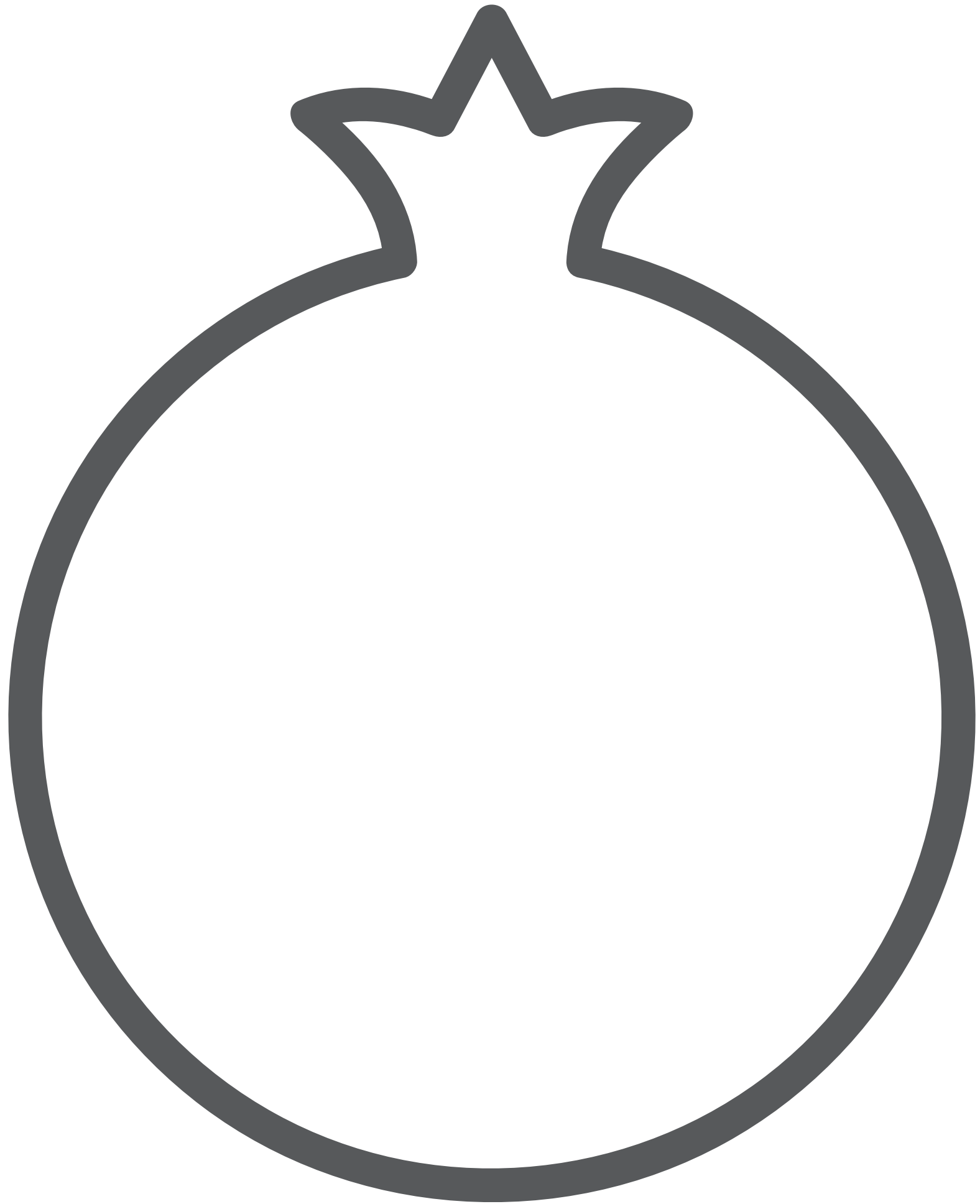







יְהִי רָצוֹן מִלְּפָנֶיךָ ה' אֱ-לֹהֵינוּ וְאֵ-לֵהֵי אֲבוֹתֵינוּ.  
שִׁירְבוּ זְכוֹתֵינוּ.

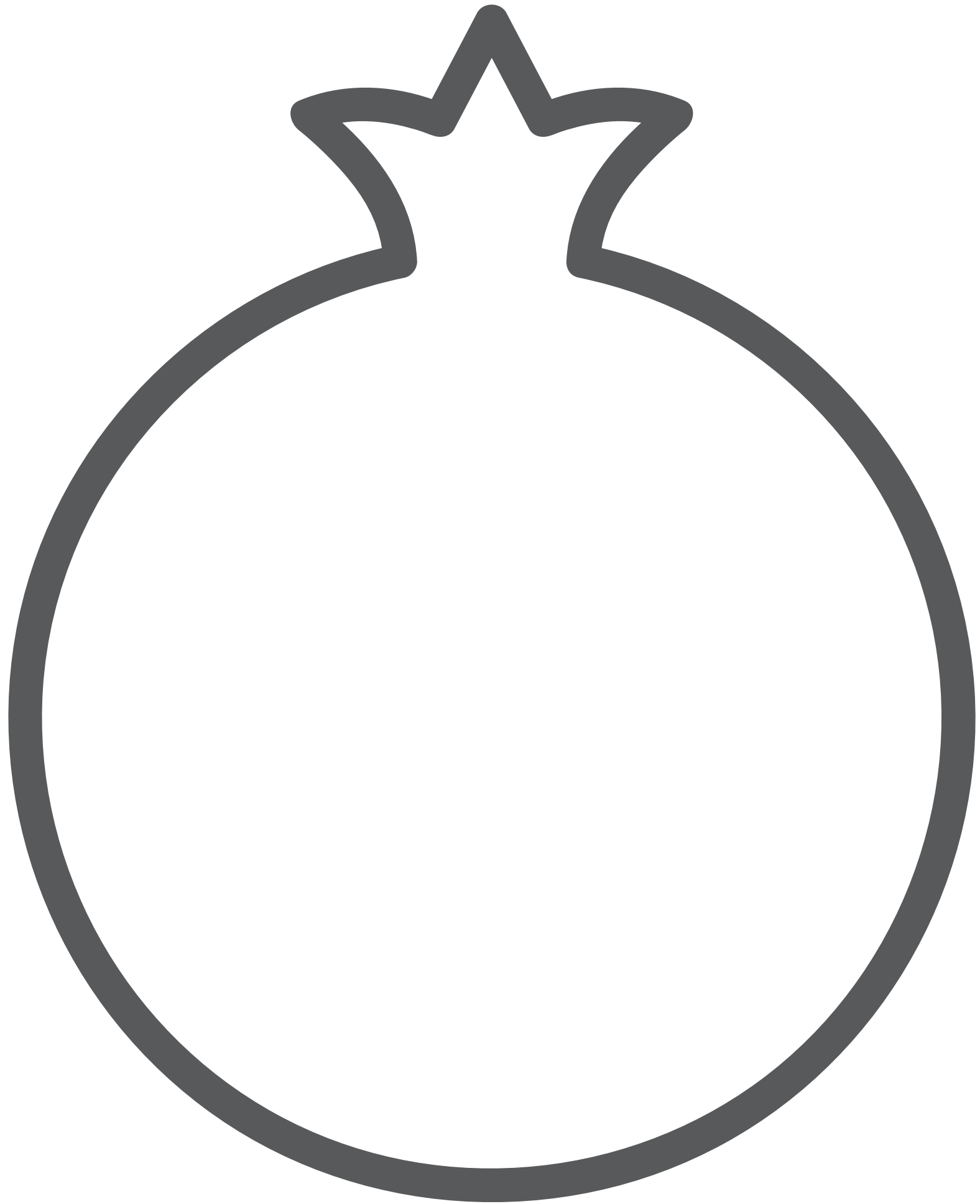
Carrots






יהי רצון מלפניך ה' א-להינו וא-להי אבותינו.  
שיסתלקו אויבינו.

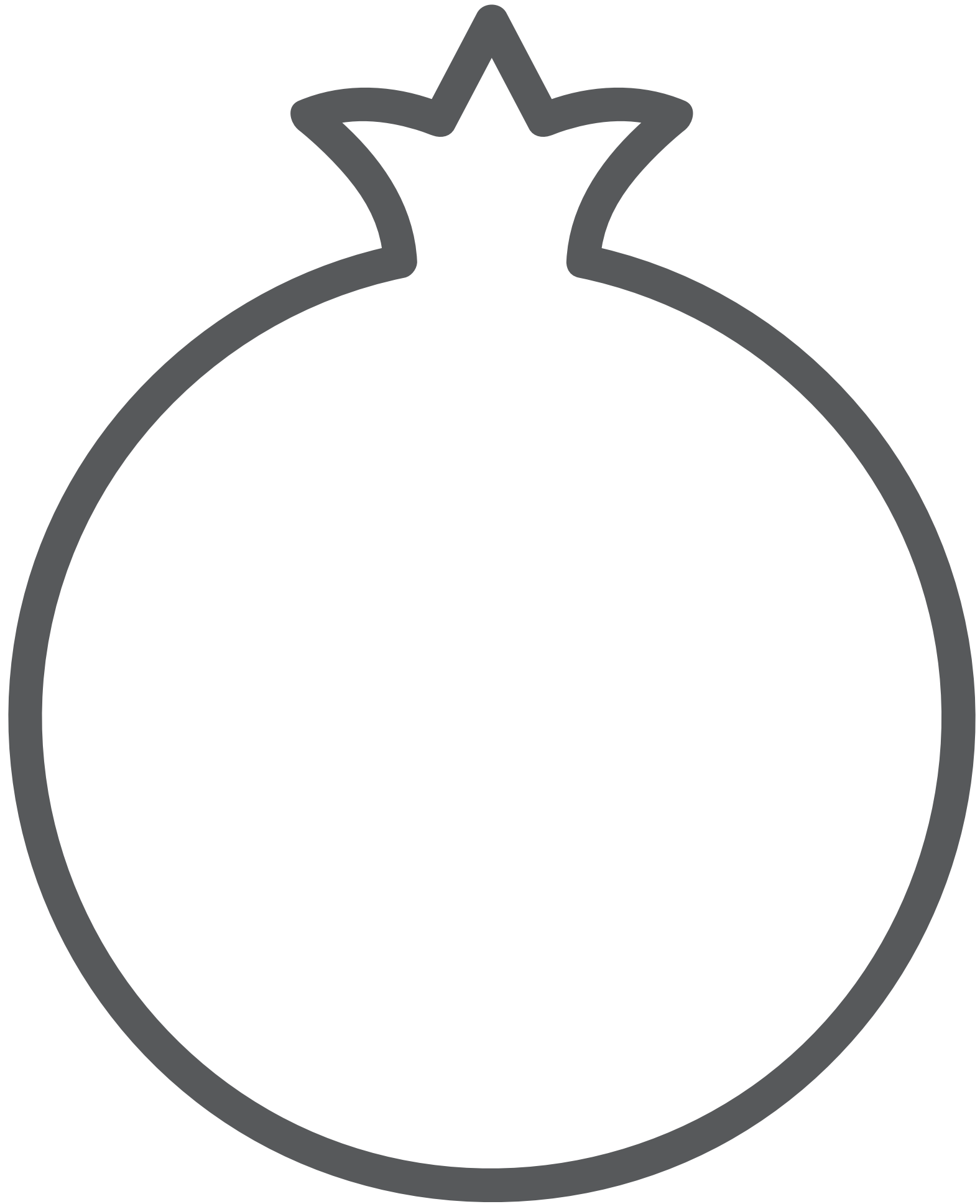
Beets






יְהִי רָצוֹן מִלְּפָנֶיךָ ה' אֱ-לֹהֵינוּ וְאֱ-לֹהֵי אֲבוֹתֵינוּ.  
שְׂתַקְרַע רוּעַ גֶּזֶר דִּינֵנוּ. וְיִקְרָאוּ לְפָנֶיךָ זְכוּתֵינוּ.

Gourd

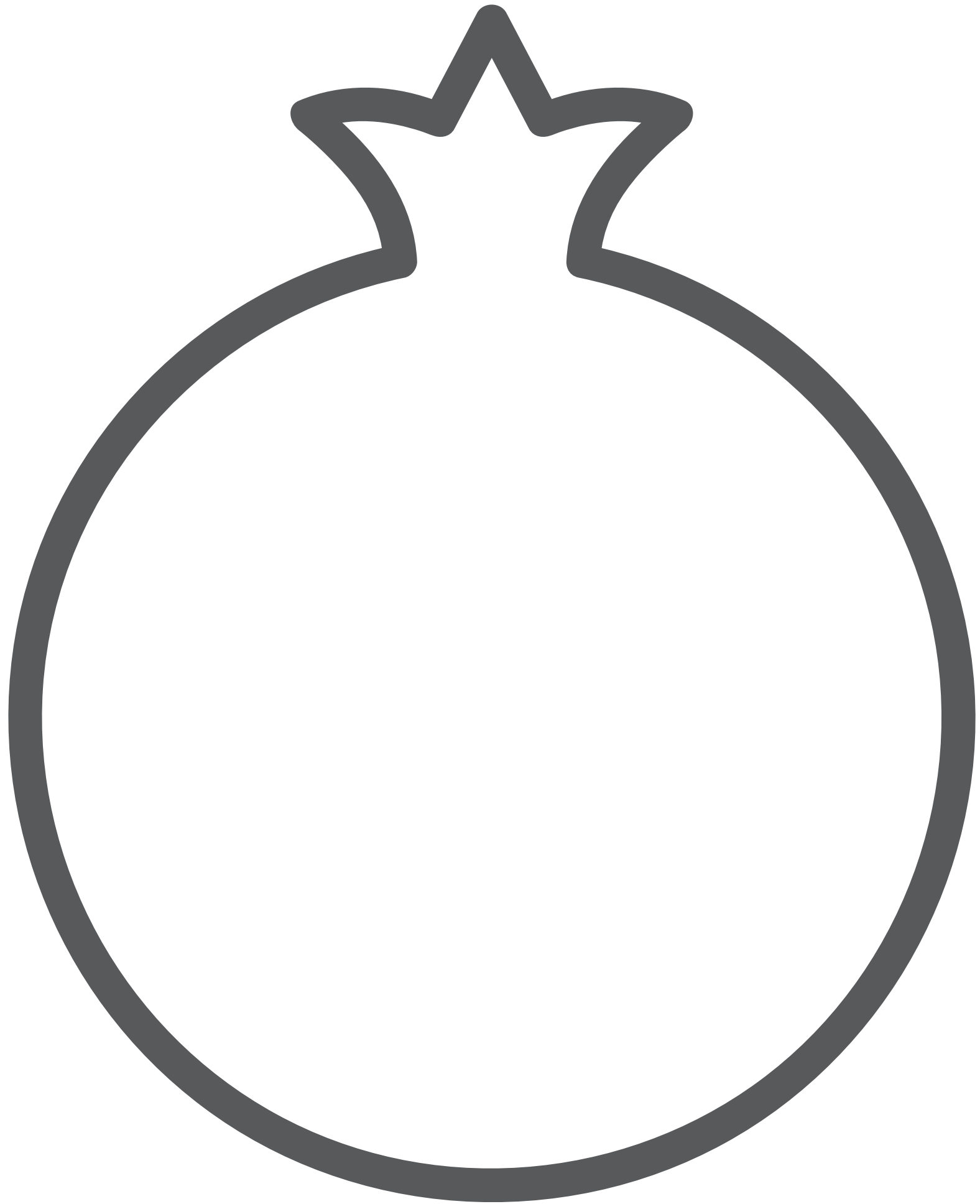


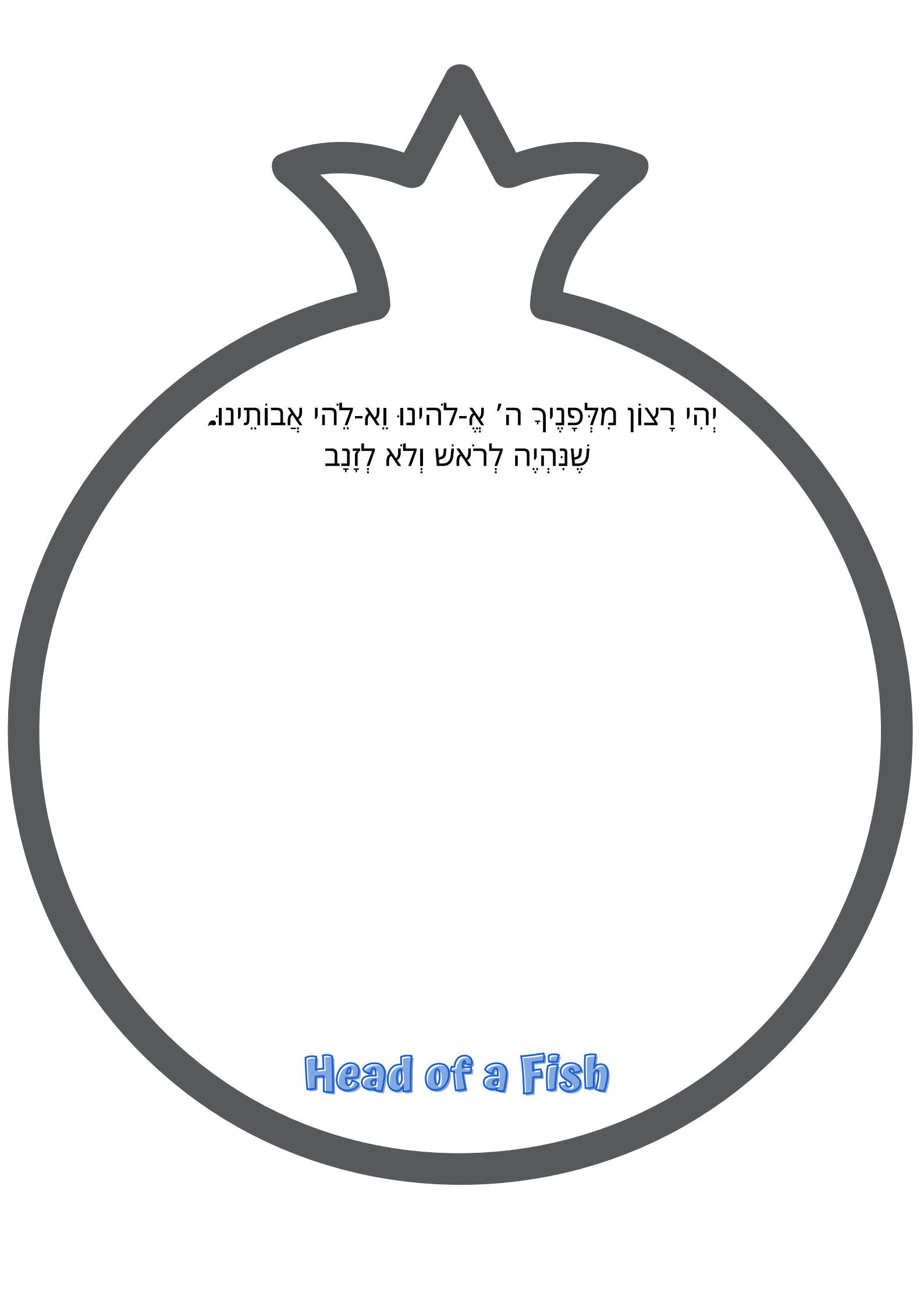


יְהִי רָצוֹן מִלְּפָנֶיךָ ה' אֱ-לֹהֵינוּ וְא-לֵהִי אֲבוֹתֵינוּ.  
שְׁנֵהֶיָּה מְלֵאִים מִצֹּת כְּרֵמוֹן

Pomegranate

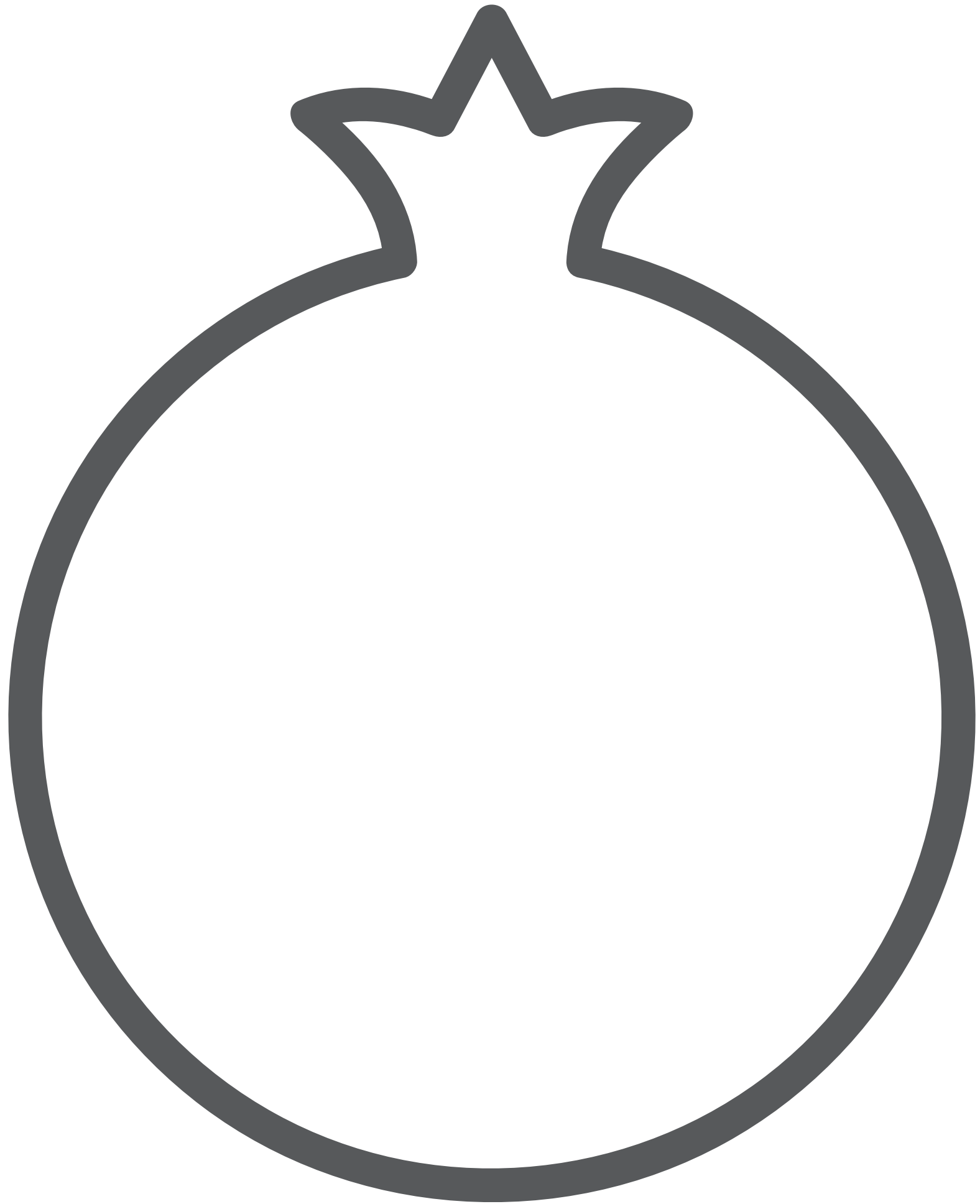


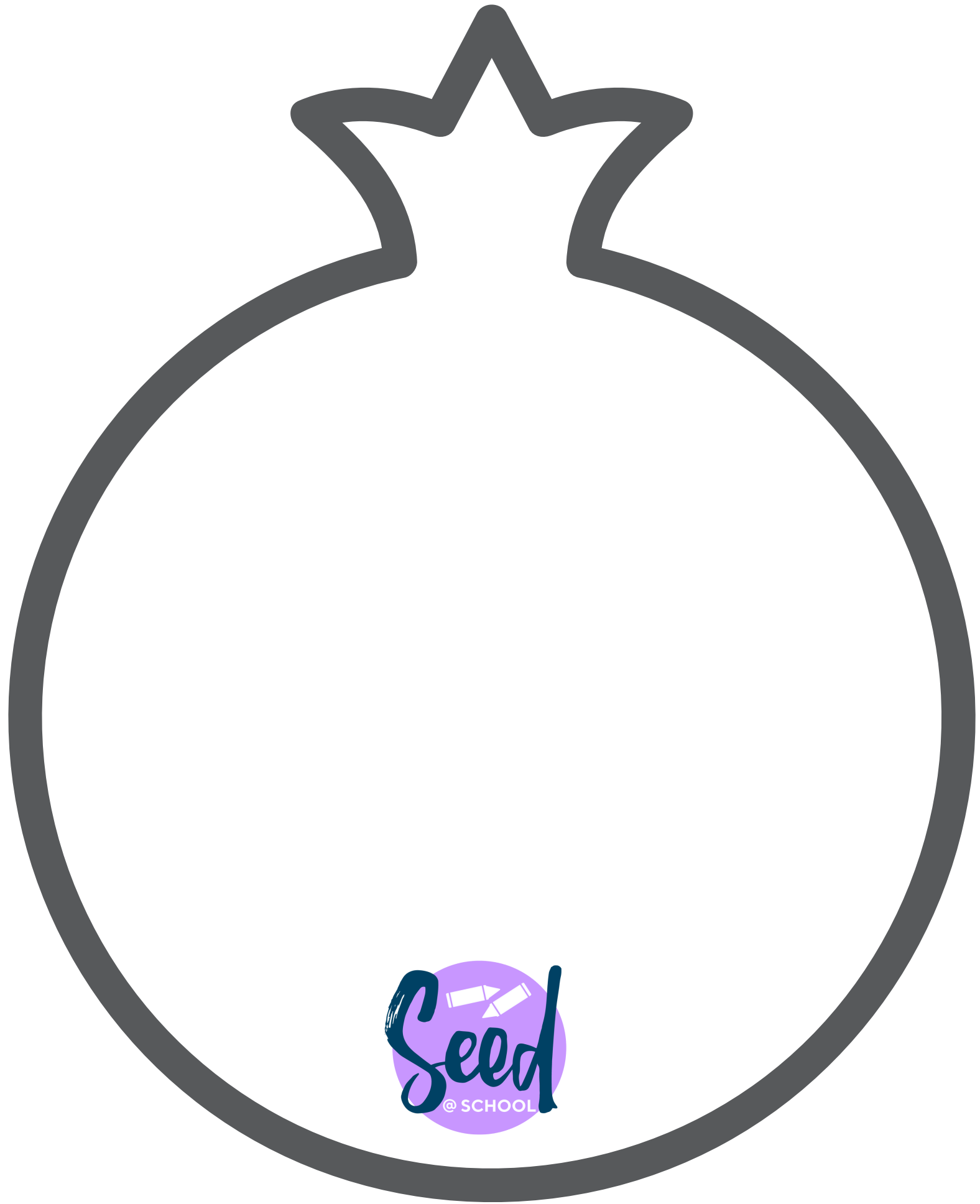




יְהִי רָצוֹן מִלְּפָנֶיךָ ה' אֱ-לֹהֵינוּ וְאֵ-לֵהֵי אֲבוֹתֵינוּ.  
שְׁנֵהֶיָּה לְרֹאשׁ וְלֹא לְזָנָב

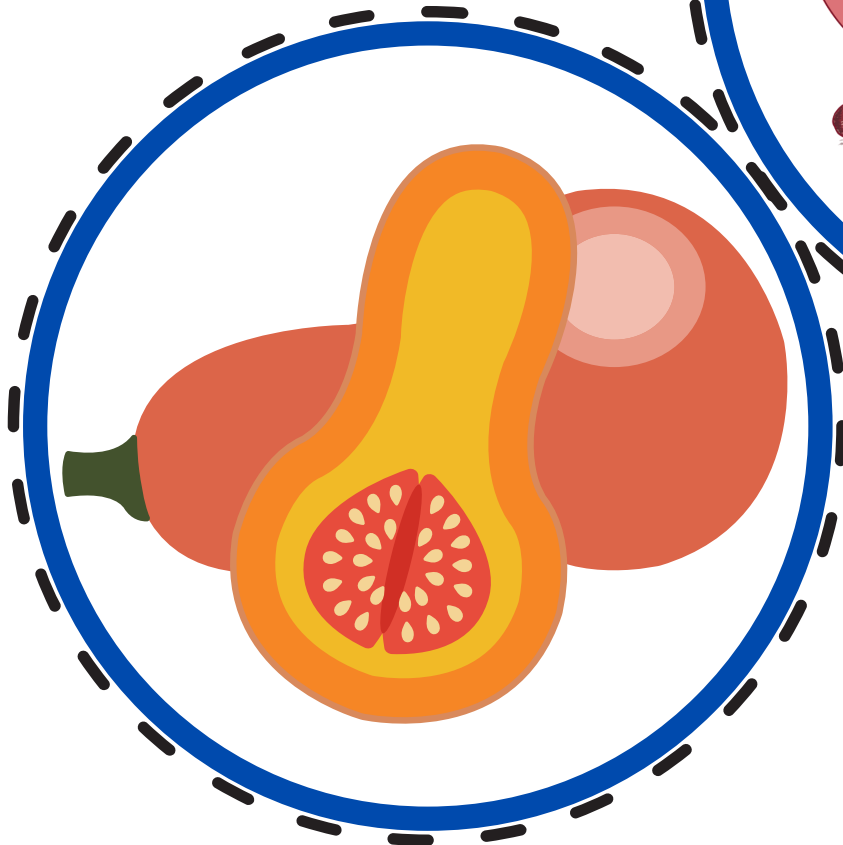
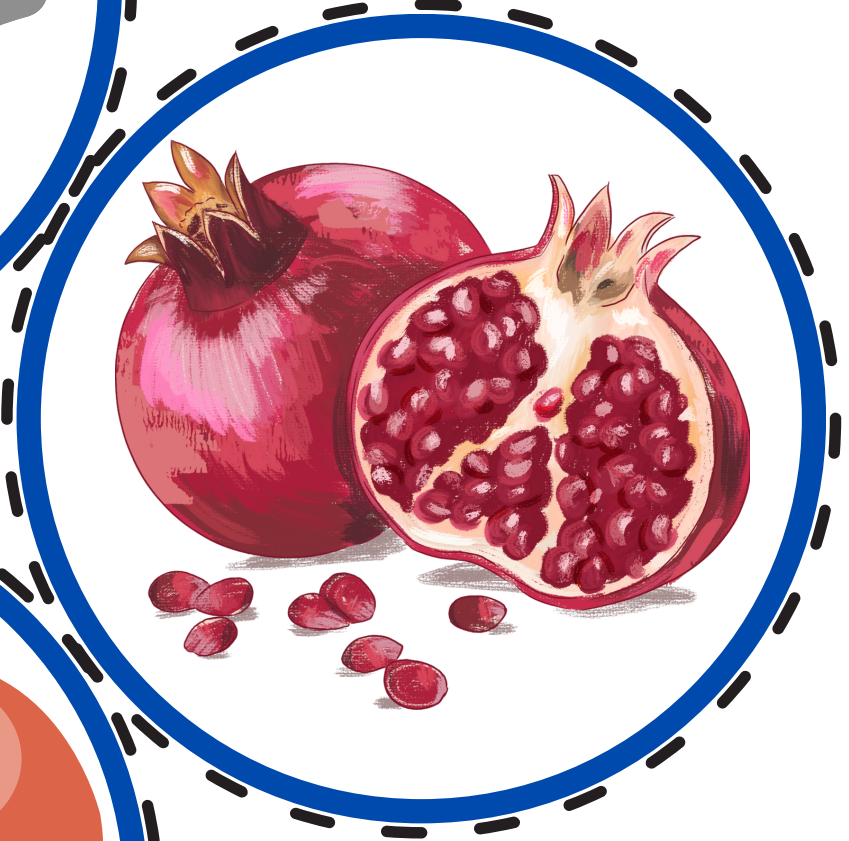
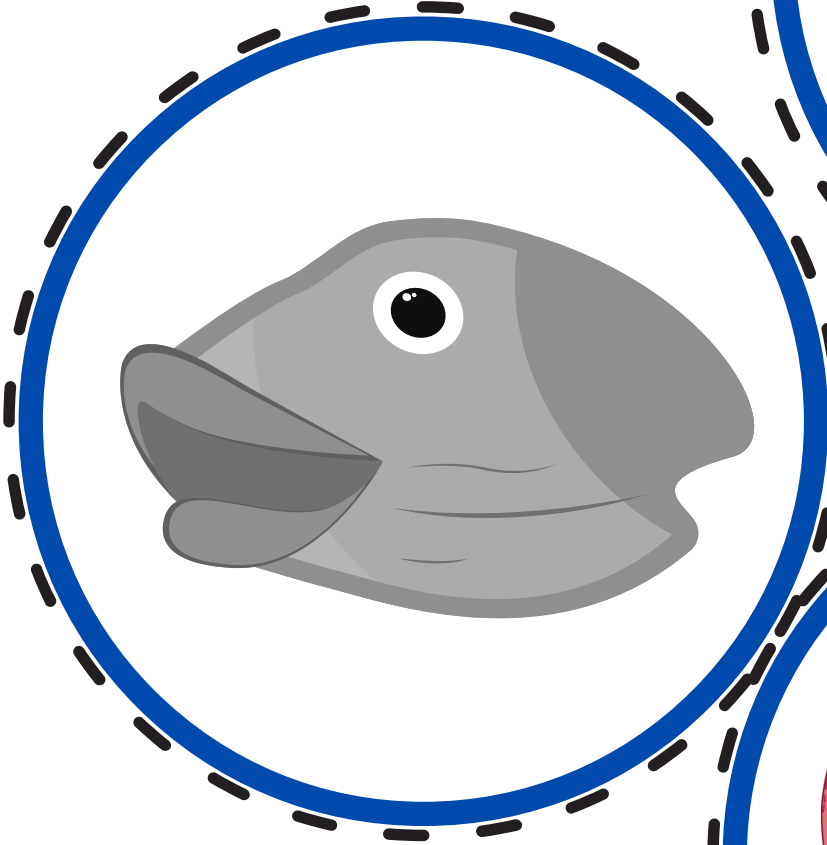
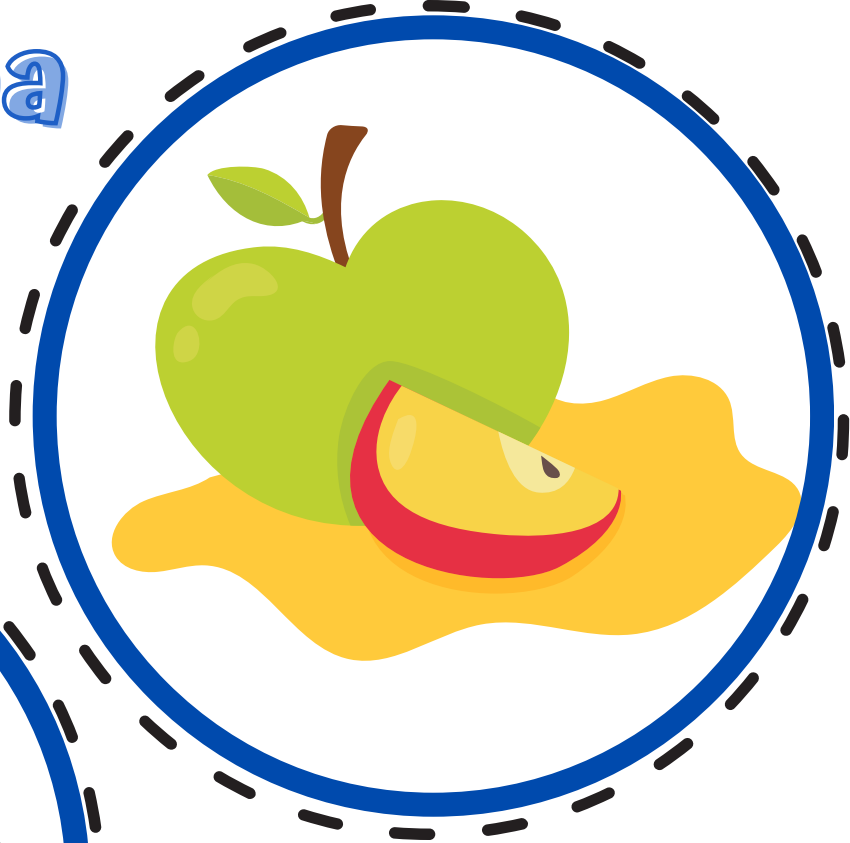
Head of a Fish

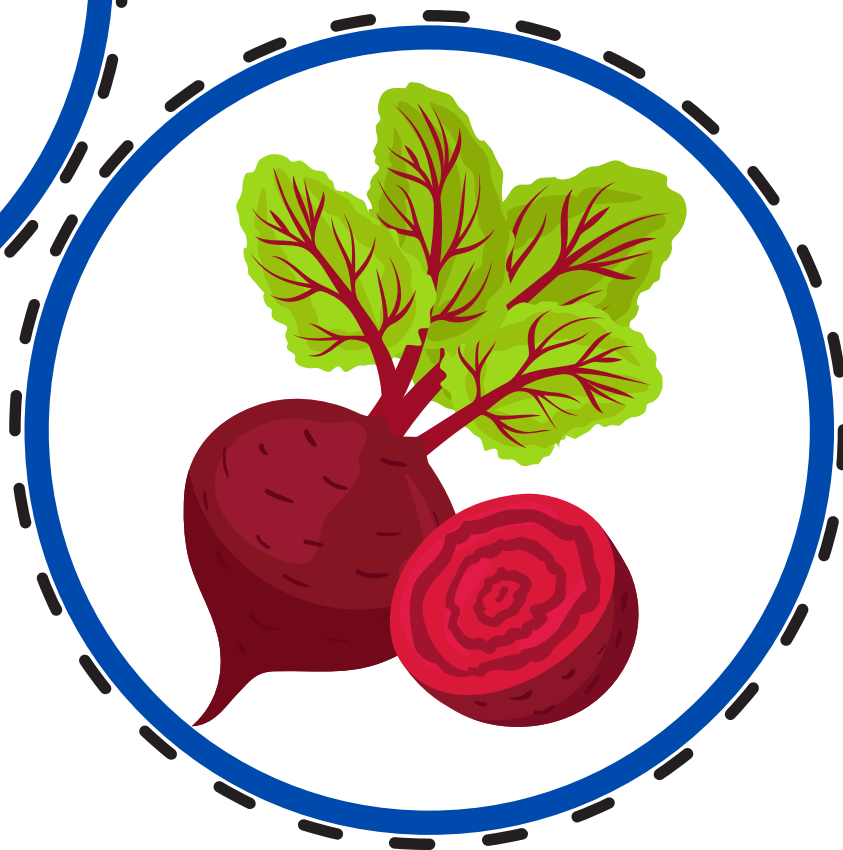
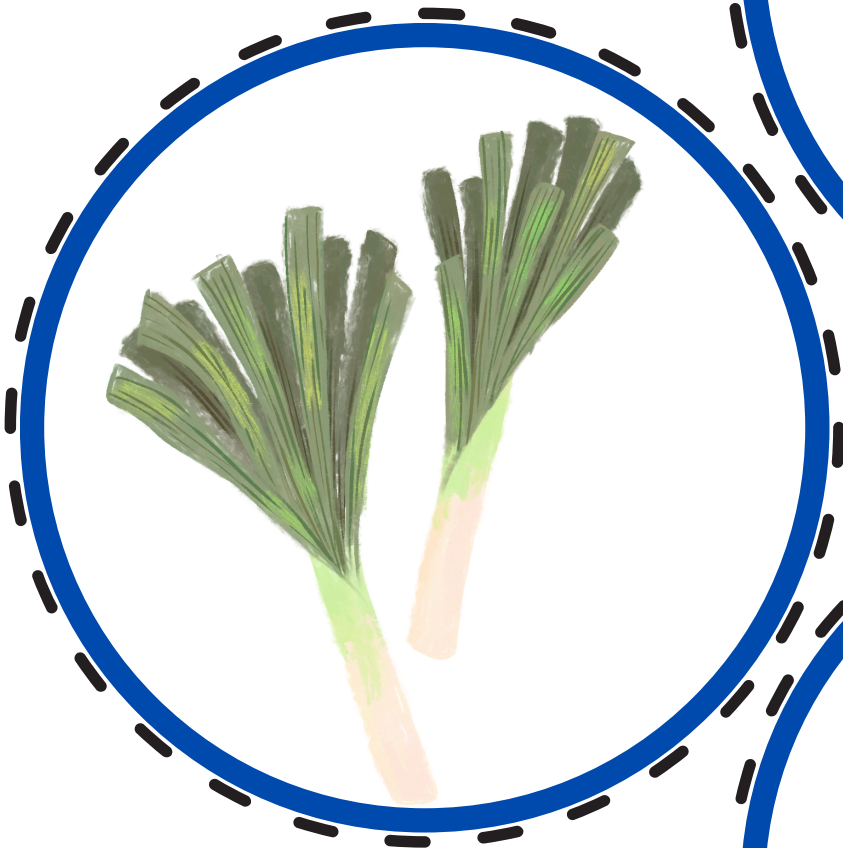
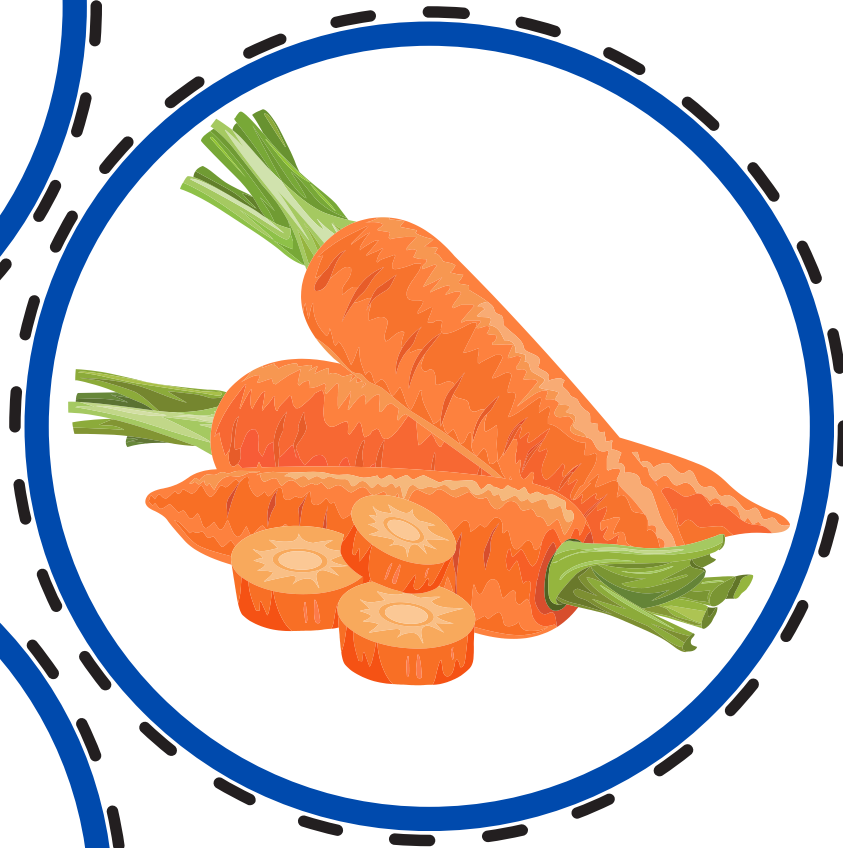
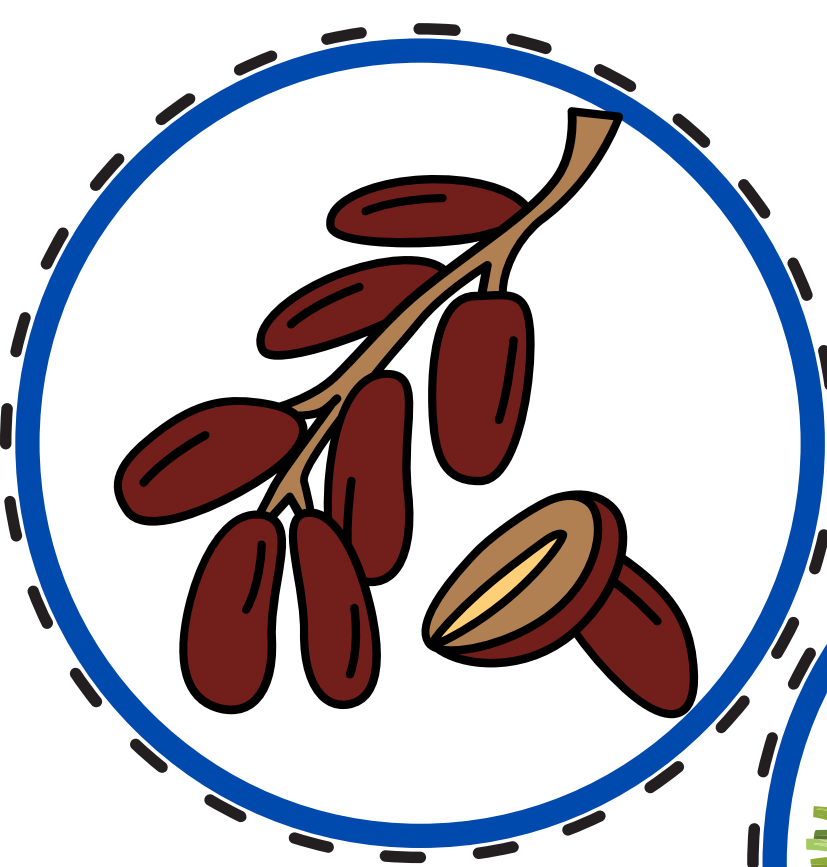




# Rosh Hashana Simanim pictures

Cut out each circle





# Rosh Hashana Simanim pictures

Cut out each circle

We eat carrots  
to symbolise  
our hope that  
our merits will  
increase in the  
coming year.

We place a fish head on  
our table to symbolise a  
year ahead in which we  
lead with strength and  
determination rather  
than being at the tail  
end of things.

We eat pomegranate  
as it has many seeds  
and the seeds  
symbolise the many  
merits we will  
create with our  
mitzvot in the  
coming year.

The Hebrew word for  
beets, selek, is similar  
to the word for  
"remove." Beets are  
therefore eaten to  
express the hope that  
our enemies will  
depart.

The word for leek is related to the word kareyt, meaning "to cut." This symbol is linked to the prayer that those who wish to hurt us will instead be cut off.

The Hebrew word for gourd is related to the Hebrew word k'ra. Which means to "to rip;" but also means, "to announce." We ask that Hashem rips up any evil decree against us and that our merits be announced before Him.

The Hebrew word for date is tamar, the word tam means "to end," and eating the date symbolises the hope that our enemies will be finished.

We eat apple and honey to symbolise a sweet, happy and healthy new year



